

SLUDGE TRUDGE WAIVER FORM



33rd Annual Sludge Trudge ~ 5K Fun Run/Walk Waiver Form

There will be one grand prize man and woman winner, as well as winners for the first place man and woman in each of the runner categories. There will be one prize drawing each for all men and women's walker categories.

Back by popular demand - the School of Fish category!

In addition to individual categories, a prize will be awarded to the team of 3+ employees from the same firm or agency with the fastest AVERAGE time. School of Fish teams will be determined based on registration. Any firm or agency with 3 or more employees registered for the race will be automatically entered. Team members will still be eligible for individual prizes.

WHEN: Thursday, April 28th, 4:00 PM Start

WHERE: San Tomas Aquino Creek Trail (next to hotel)

FORMAT: Run or walk

FEE:

\$25 Pre-race (includes t-shirt)

\$35 Race day (includes t-shirt)

\$10 T-shirt only

Please complete the following information:

WAIVER: In consideration of the acceptance of my entry, I, the undersigned, intending to be legally bound to myself, my executors, administrators, and assignees, do hereby waive and release the California Water Environment Association and all persons and agencies connected with the CWEA Sludge Trudge from all claims for damages arising from my participation in and travel to and from this event. I also certify that I am physically fit and adequately trained to participate in this event.

SIGNATURE: _____ DATE: _____

Please enter me in the Sludge Trudge

Name:		Email:	
Employer:			
Address:			
City:		State:	Zip:
Work Phone:		Cell Phone:	
Age Group: Runners <input type="checkbox"/> Under 30 <input type="checkbox"/> 30-39 <input type="checkbox"/> 40-49 <input type="checkbox"/> 50-59 <input type="checkbox"/> 60 and over (pls check one)			
Age Group: Walkers <input type="checkbox"/> Under 30 <input type="checkbox"/> 30-39 <input type="checkbox"/> 40-49 <input type="checkbox"/> 50-59 <input type="checkbox"/> 60 and over (pls check one)			
Gender: <input type="checkbox"/> F <input type="checkbox"/> M (pls check one)		T-shirt size: <input type="checkbox"/> SM <input type="checkbox"/> MD <input type="checkbox"/> LG <input type="checkbox"/> XL <input type="checkbox"/> XXL (pls check one)	

Sponsored by:



**THE AC16 REG FORM CONTAINS
SLUDGE TRUDGE PAYMENT INFO.
PLEASE INCLUDE THIS FORM
WITH YOUR AC16 REG FORM.**

Sludge Trudge Chair

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